



# INDIAN MEDICAL ASSOCIATION, TELlichERRY

*Monthly Report of Activities for the month of JUNE 2023*

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## **2.MEMBERSHIP**

<b>SCHEME</b>	<b>SCHEMES JOINED THIS MONTH</b>	<b>TOTAL MEMBERS JOINED</b>
<b>NEW MEMBERS</b>	<b>12</b>	<b>584</b>
<b>JDN(Less than 40)</b>		<b>128</b>
<b>SSS I</b>		<b>318</b>
<b>SSS II</b>		<b>278</b>
<b>SSS III</b>		<b>237</b>
<b>PPS</b>	<b>1</b>	<b>325</b>
<b>CGP</b>		<b>36</b>
<b>AMS</b>	<b>-</b>	<b>133</b>
<b>PEPS</b>		<b>10</b>
<b>KHS</b>	<b>4</b>	<b>356</b>
<b>MBS</b>		<b>28</b>
<b>PENSION SCHEME</b>	<b>-</b>	<b>28</b>
<b>PDSS</b>		<b>14</b>
<b>NAMMUDE AROGYAM COPIES</b>		<b>400</b>

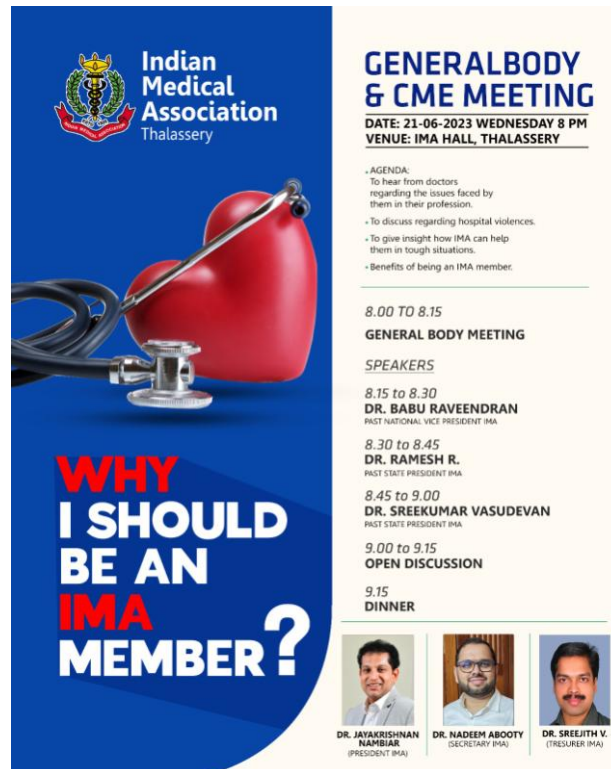
### **3. ACADEMIC ACTIVITIES**

#### **a) BRANCH LEVEL**

##### **21.06.2023: General Body CUM CME Meeting**

General body meeting was followed by CME on the topic **WHY I SHOULD BE AN IMA MEMBER**. That was a program conducted as a part of new membership promotion and also making aware existing members about various schemes and benefits. Topics were presented by Dr Babu Raveendran T N(Past National Vice President) , Dr.R Ramesh(Past President IMA), Dr Sreekumar Vasudevan(Past President IMA), followed by a lively interaction.

14 non IMA members attended the meeting along with IMA members. Dr.Jayakrishnan Nambiar(President IMA Thalassery) presided the meeting and Dr.Nadeem Abootty (Secretary IMA Thalassery) proposed vote of thanks.



**Indian Medical Association**  
Thalassery

**GENERALBODY & CME MEETING**  
DATE: 21-06-2023 WEDNESDAY 8 PM  
VENUE: IMA HALL, THALASSERY

AGENDA:  
- To hear from doctors regarding the issues faced by them in their profession.  
- To discuss regarding hospital violences.  
- To give insight how IMA can help them in tough situations.  
- Benefits of being an IMA member.

8.00 TO 8.15  
**GENERAL BODY MEETING**

**SPEAKERS**

8.15 to 8.30  
**DR. BABU RAVEENDRAN**  
PAST NATIONAL VICE PRESIDENT IMA

8.30 to 8.45  
**DR. RAMESH R.**  
PAST STATE PRESIDENT IMA

8.45 to 9.00  
**DR. SREEKUMAR VASUDEVAN**  
PAST STATE PRESIDENT IMA

9.00 to 9.15  
**OPEN DISCUSSION**

9.15  
**DINNER**

**DR. JAYAKRISHNAN NAMBIAR**  
(PRESIDENT IMA)

**DR. NADEEM ABOOTY**  
(SECRETARY IMA)

**DR. SREEJITH V.**  
(TREASURER IMA)





b) **DISTRICT LEVEL**

**IMA Kannur District Committee in association with IMA Thaliparamba conducted a INDOOR SPORTS 2023**

Dr.Suja Ajith (Secretary WDW Thalassery) first prize district chess championship



Dr.Suja Ajith ( Secretary WDW Thalassery)&Dr.Sheeba badminton doubles first in district



Dr.Suja Ajith ( Secretary WDW Thalassery)&Dr.Pushparaj first badminton mixed doubles



### c) SUB FACULTY OF AMS

#### 01.06.2023: Clinical Club Meeting

IMA Thalassery in Association with AMS Thalassery conducted a Clinical Club on 01.06.2023 at IMA Hall Thalassery. **Topic 1 “Challenges in Reconstruction of Complex Scalp Defects: A case report”** by **Dr.Abhipsa Mishra, Fellow Oral Oncology, MCC Thalassery** **Topic 2 “IgG4 Related disease-A Diagnostic Enigma”** by **Dr.Sayid Fahad Nizar, Consultant-Department of Rheumatology, Aster MIMS Kannur**. Dr. Jayakrishnan Nambiar presided over the meeting. 30 members attended the meeting. Vote of thanks proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).


**INDIAN MEDICAL ASSOCIATION THALASSERY**  
IN ASSOCIATION WITH  
**IMA AMS THALASSERY CHAPTER**  
INVITES YOU FOR  
**CLINICAL CLUB MEETING**

**On,**  
31st May 2023,  
Wednesday


**Time,**  
8:00PM-9:00PM

**Venue,**  
IMA HALL  
Thalassery

**TOPIC 1 (8pm-8:30pm)**  
"Challenges in Reconstruction of Complex Scalp Defects: A Case Report"

  
**Dr.ABHIPSA MISHRA**  
Fellow Oral Oncology  
MCC Thalassery

**TOPIC 2 (8:30pm-9pm)**  
"IgG4 Related disease-A Diagnostic Enigma"  
(Rheumatology Case Discussion)

  
**Dr.SAYID FAHAD NIZAR**  
Consultant- Department of Rheumatology  
Aster MIMS, Kannur

**PRESIDENT**  
Dr.Jayakrishnan Nambiar

**SECRETARY**  
Dr.Nadeem Abootty

**TREASURER**  
Dr.Sreejith V

**IMA AMS CHAIRMAN**  
Dr.Nizamudheen

**IMA AMS SECRETARY**  
Dr.Bithun Balan





## 4. ORGANIZATIONAL ACTIVITIES

### 1) GENERAL BODY MEETING

#### 21.06.2023: General Body Meeting

General Body Meeting was held at IMA Hall Thalassery on 21.06.2023. Dr.C K Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 42 members attended the meeting. Vote of thanks proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).





## 2) EXECUTIVE COMMITTEE MEETING

### 07.06.2023: Executive Committee

Executive Committee Meeting on 07.06.2023 at IMA Hall Thalassery. Dr.Jayakrishnan Nambiar (President IMA Thalassery) welcomed the gathering. 30 members attended the meeting. Vote of thanks was proposed by Dr.Nadeem Abootty (Secretary IMA Thalassery).



  
**INDIAN MEDICAL ASSOCIATION-THALASSERY**

**9TH EXECUTIVE COMMITTEE MEETING**

Dear Doctor,  
Notice is hereby issued for the 9th Executive Committee Meeting of the IMA year 2022-23, to be convened in the IMA Hall, on Wednesday 7th June 2023 at 8.00 pm. Kindly attend on time, without fail.

**AGENDA**

1. Opening remarks from the chair.
2. Review of activities till date.
3. Planning of activities until next Executive Meeting
4. Other matters with the permission of the chair

**SPONSORS**

DR.JANARDHANAN C P  
DR.JAYAGOPAL P P  
DR.KOCHUKRISHNAN  
DR.MOHAN BABU V O  
DR.SAJEEV KUMAR P B  
DR.SHYAM MOHAN K C

Sd/-  
Dr.C K Jayakrishnan Nambiar(President)  
Dr.Nadeem Abootty (Secretary)  
Dr.Sreejith Valappil (Treasurer)



### 3. ATTENDANCE IN STATE MEETINGS

11.06.2023: Dr Babu Raveendran T N was an invited guest during world environment day observation at IMAGE plant at Palakkad.

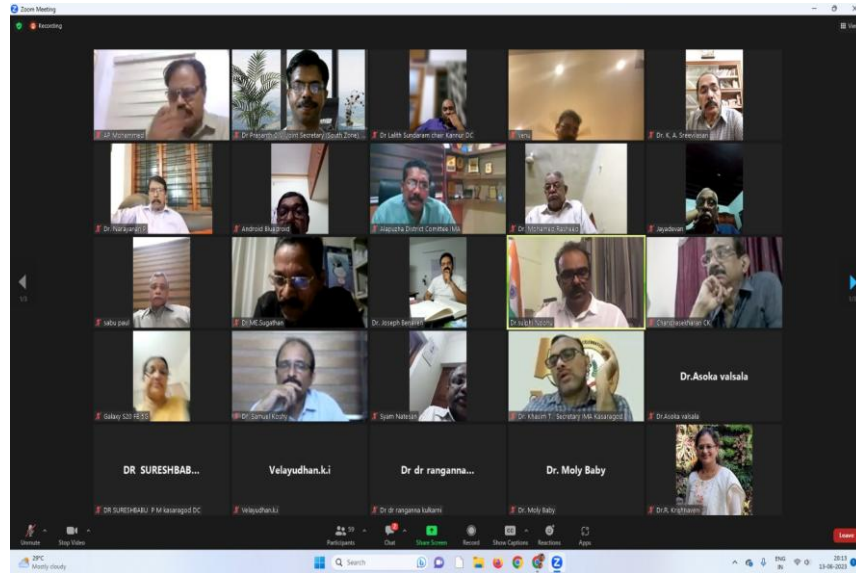


#### 12.06.2023: Dist Committee Meeting

Dr Babu Raveendran, Dr.Gopeenathan P, Dr.Pushparaj and Dr.Nadeem Abootty attended the District Committee Meeting on zoom platform.



13.06.2023: Membership Promotion Meeting of district committee members and branch presidents and secretaries meeting called by state committee was attended by President Dr.Jayakrishnan Nambiar and Secretary Dr Nadeem Abooty in zoom platform. Strategies formulated by our branch was explained during the meeting.



**25.06.2023: EMERGE 2023**

Dr Babu Raveendran T N (Past National Vice President) inaugurated the program EMERGE 2023 at Vadakara IMA hall , a hands on workshop on emergency procedures for doctors.





#### 4. REGISTRATION IN CONFERENCE

14.05.2023: Dr.Geetha Mekkoth (Chairperson,WDW) attended the All Kerala Neonatology Conference at Thrissur. Had a Zumba fitness Session at 6.30am on 14.5.23 as part of Kerala Neocon.



#### 5. WOMEN DOCTORS WING ACTIVITIES

25.06.2023: WDW TOUR TO THALASSERY FORT AND GUNDERT MUSEUM  
WDW members visited Thalassery Fort and Museum as a part of WDW Tour.



## 6. MEETING ON CURRENT ISSUES

12.06.2023: Membership Committee Meeting of Thalassery branch was attended by Dr.Jayakrisnan Nambiar (President IMA Thalassery), Dr.Nadeem Abootty(Secretary IMA Thalassery) Dr.Rethika Srikumar and all other membership committee members. Strategies for adding new members were formulated during the meeting.



## 7. ACTION AGAINST VIOLENCE ON DOCTORS

12.06.2023: IMA Thalassery and KGMOA General Hospital Unit conducted a protest meeting at General Hospital Thalassery in connection with hospital violence against a lady doctor at Thalassery General hospital casualty. Due to strong pressure from Senior IMA leaders and office bearers police took case registering under hospital protection act.





## 5. SOCIAL ACTIVITIES

### 1.MEDICAL CAMPS

#### 20.06.2023: Free BMD Camp

Free BMD Camp organized by Thalassery IMA at Co-operative Hospital,Thalassery. 85 patients got the free service. Dr.Jayakrishnan Nambiar, (Consultant Orthopedic Surgeon and President IMA Thalassery) examined the patients.





### 22.06.2023: Fibro Scan Test Camp

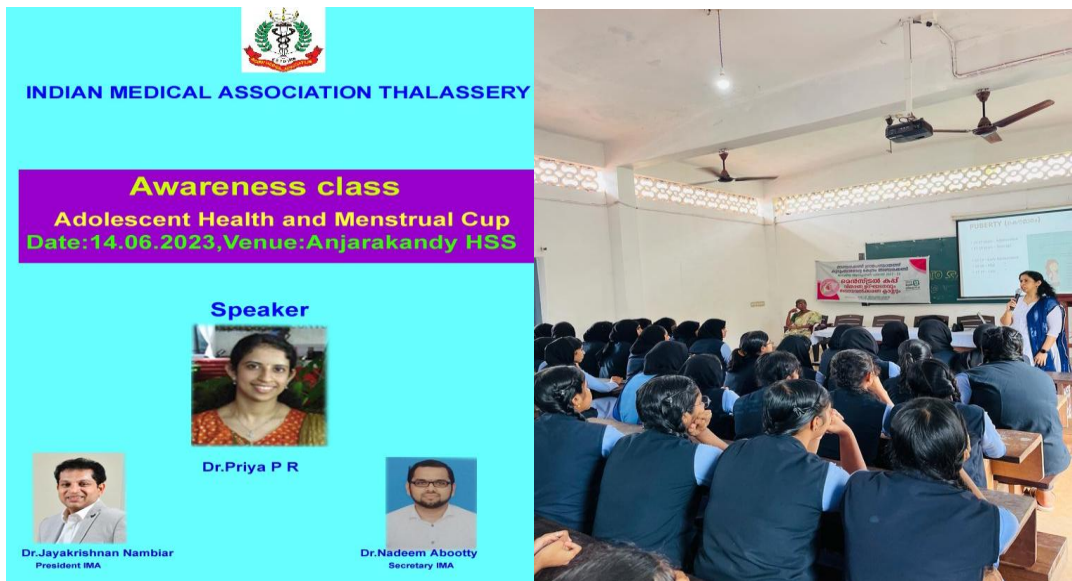
Free Fibro scan organized by Thalassery IMA at Co-operative Hospital, Thalassery.65 patients got the free service. Dr.Sandeep Narayanan, Consultant Gastroenterologist examined the patients.



## 2. HEALTH EDUCATION CLASS

### 14.06.2023 Awareness class:

Awareness class on Adolescent Health and Menstrual Cup at Anjarakandy HSS. Class was taken by Dr.Priya P R(Treasurer WDW Thalassery).



### **3. INVOLVEMENT IN NATIONAL HEALTH PROGRAMMES**

All National Health days were observed .

World Environment Day, World Food Safety Day, World Brain Tumor Day, Anti Child Labour Day, World Eye Donation day, World Blood Donors Day, National Reading Day, International Day of Yoga and International Day against Drug Abuse and Illicit Trafficking

### **4.COMMUNITY DEVELOPMENT PROGRAMMES**

21.06.2023: IMA Thalassery has a contributed financial assistance for Annadan held at Kottiyoor Temple in connection with Festival.



## 6.NAMMUDE AROGYAM SUBSCRIPTION

Thalassery IMA has been the subscriber for Nammude Arogyam. 400 copies being ordered this month. These copies are being distributed through various private hospitals in Thalassery.

### 6.OBSERVATION OF IMPORTANT DAYS

#### 05.06.2023: World Environment Day

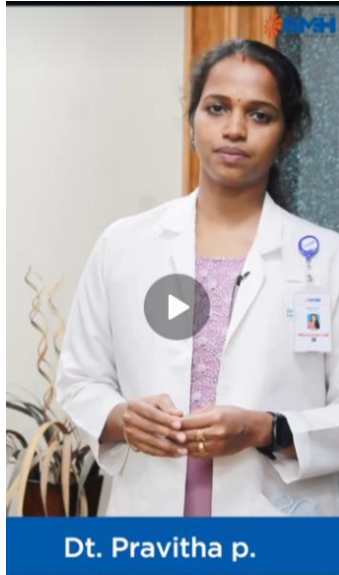
As part of the World Environmental Day IMA Thalassery and Thalassery Co-operative Hospital conducted a programme at Tellicherry Co-operative Hospital. Mango saplings were planted by Dr.Rajeev Nambiar (Past President, IMA Thalassery & Medical Supdt, Tellicherry Co-operative Hospital) and other doctors of IMA thalassery.





**07.06.2023: World Food Safety Day**

Dietitian Ms.Pravitha P took an awareness class on food safety at BMH Kannur in a programme jointly conducted by BMH and IMA Thalassery.



**08.06.2023: World Brain Tumor Day**

Observed World Brain Tumor Day on June 8<sup>th</sup> at Thalassery co-operative Hospital by Dr.Rajeev Nambiar distributing pamphlets and an awareness session to the patients and bystanders.





### 10.06.2023: World Eye Donation Day

Dr.Mohan Babu taking awareness class on importance of Eye Donation to patients at Peekay Eye Care Thalassery.



Comtrust Eye hospital and IMA thalassery jointly conducted an eye camp at ElayavoorKesavamandiram hall on 11/6/23. Dr.Vanaja & Dr Sruthy examined 255 Patients. Selected 24 patients for cataract surgery. 55 patients for detailed evaluation. Prescribed glasses for 129 patients. Rest given drops and medicines.





## 12.06.2023: Anti Child Labour Day

IMA Thalassery observed Anti Child Labour Day in association with NSS Unit Kadirur HSS and conducted an awareness class on Child Labour. IMA senior leader Dr. Madhusoodanan was an invited guest

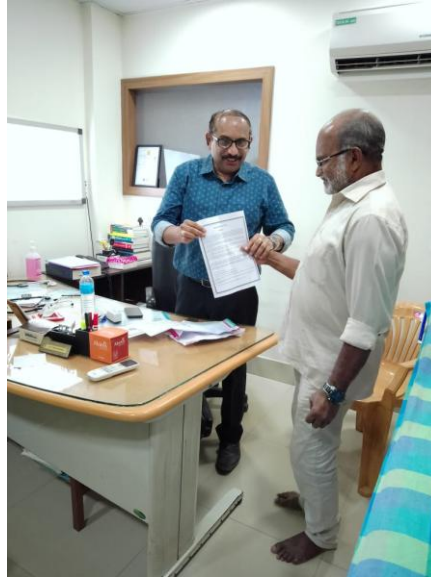


## 14.06.2023: World Blood Donors Day

IMA Thalassery in association with Nursing college Thalassery conducted a Blood Donation Camp at Nursing College, Thalassery. Dr. Jayakrishnan Nambiar (President IMA Thalassery) inaugurated the function.



Observed World Blood Donors Day on June 14th at Thalassery co-operative Hospital by Dr. Rajeev Nambiar distributing pamphlets to the patients and bystanders.



IMA Thalassery in association with General Hospital Thalassery conducted a Blood Donation Camp at ASAP NTTF Thalassery. Awareness class was taken by Dr. Aparna .



Observed World Blood Donors Day on June 14th at Thalassery co-operative Hospital by Dr. Jayakrishnan Nambiar (President IMA Thalassery) distributing pamphlets to the patients and bystanders.



Blood Donation Camp at Tellicherry co-operative Hospital. Camp inaugurated by Dr. Rajeev Nambiar C K (Past President IMA).





## Blood Donation Camp at Malabar Cancer Centre, Thalassery.



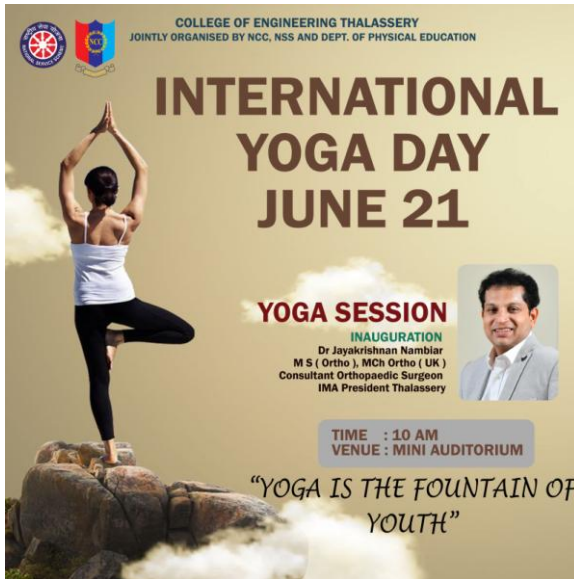
## 19.06.2023: National Reading Day

Donated shelf and books to renovated TMA library by IMA secretary Dr. Nadeem Abooty as a part of National reading day.



## 21.06.2023: International Yoga Day

International Yoga Day program at College of Engineering Thalassery. Pro.V T Saji(Principal, Engineering College,Thalassery) presided the function. Dr.Jayakrishnan Nambiar (President IMA Thalassery) inaugurated the program.Dr.Prathibha Sreenivasan conducted Yoga Class.





## 26.06.2023 : International Day against Drug Abuse and Illicit Trafficking

As a part of the 'Don't Do Drugs' campaign, IMA Thalassery conducted Awareness programme at Nursing College, Thalassery. Mrs. Swapna Jose (Principal, College of Nursing Thalassery) welcomed the gathering. Dr. Jayakrishnan Nambiar (President IMA Thalassery) inaugurated the programme. Dr. Jayakrishnan Nambiar and Dr. Sajeew Kumar (Consultant Psychiatrist) took awareness classes on Drug Abuse. Mr. Velayudhan felicitated the function. 300 Nursing students attended the programme. Mr. Mohanan (Administrative Officer, Nursing College, Thalassery) proposed vote of thanks.





## **7.SPECIAL PROJECTS OF THE BRANCH**

### **IMA Pain& Palliative Care Society & Pain Clinic at Govt. General Hospital Thalassery**

This prestigious project of IMA Thalassery is conducted on every Wednesday afternoon with home visits on Wednesdays and Saturdays. Doctors, Volunteers strive to bring solace to the terminally ill patients. The funds are raised from monthly contributions from members and the public.

#### **Pain & Palliative Donation Boxes**

The boxes for raising funds for the clinic were placed in all the Private Hospitals in Thalassery and leading Medical Stores in Thalassery.

### **ACTIVITY REPORT OF IMA PAIN & PALLIATIVE CARE SOCIETY, THALASSERY**

- 1.NUMBER OF NURSES HOME CARE CONDUCTED... 8 (ON ALL WEDNESDAY AND SATURDAY)
- 2.NUMBER OF VOUNTEERS HOME CARE CONDUCTED...8
- 3.NUMBER OF VOUNTEERS HOME CARE PATIENTS... 33
- 4.NUMBER OF NURSE S HOME CARE PATIENTS.. 33
- 5.NUMBER OF OUT PATIENTS (OP) CONDUCTED.... 4...(ON ALL WEDNESDAY )
- 6.NUMBER OF OP PATIENTS ATTENDED.. 82
- 7.NUMBER OF WOUND CARE PATIENTS.. 5
- 8.NUMBER OF CATHETER CARE PATIENTS.. 10
9. NUMBER OF DEATH CASE.... 7
- 10.NUMBER OF MORPHINE PATIENTS.. 20
- 11.NUMBER OF VOUNTEERS PARTICIPATED IN THE HOME VISITED... 4
- 12.NUMBER OF NEW CASE..10

## TIDA PROJECT

### **Update on TIDA's Healers Haven Project.**

IMA Thalassery's pride project is going well as planned. Currently 14th floor construction is going on out of 18 storey building. TIDA's phase 2 is in pipeline, it's mandatory government approval's process are being done. Almost 100 apartments is sold out.

## **DON'T DO DRUGS**

### **Year Long Mission of IMA Tellicherry**

One of the most terrifying menaces faced by the present world is drug abuse. Drug abuse refers to reckless usage of psychoactive drugs as recreational substances, consumed for pleasure. There are various mediums through which Drugs are consumed, like smoking, oral ingestion, inhalation, injection, etc. All these drugs have tremendous side effects, which can later give rise to several diseases. Drug abuse affects one's stability of mind, inflicting mood swings and later psychological and physical addiction, leading to physical, emotional, job-related and other social problems. The statistics of drug abuse is frightening everywhere. Each year, drug abuse is directly and indirectly responsible for 11.8 million deaths all over the world. The number of drug related maladies is much more than this. Thus drug abuse can turn out to be a very scary affliction for the entire humankind.

In our state, the available data is alarming. Drug abuse among youngsters and even school children are being reported with a day by day increase. Government has come up with strict rules and regulations against drug abuse and distribution, which are being over thrown in many instances. Hence it becomes everyone's duty as responsible citizens, not to misuse the drugs and to involve in anti-drug campaigns.

As an association vouched to the comprehensive well being of the society, IMA Thalassery has decided to conduct a Year Long Mission to fight against drug abuse, with a catch line 'DON'T DO DRUGS'.

The general plan is to spread awareness by conducting classes, audiovisual demonstrations and advice sessions all over our territory by experts from medical field and others like educationists, sports persons, excise & police officials, lawyers, screen celebrities and opinion makers.

Moreover, IMA plans to involve in preventive and treatment aspects of the problem also. Such programs will address not only the drug abuse behavior itself, but also the relevant cultural, ethnic, regional, environmental and bio – psycho-social aspects of various population segments.

By embracing such an ambitious program, IMA Tellicherry expects to gradually bring about a drug free society around us. While envisaging this dream project, IMA expects honest support and truthful cooperation of responsible citizens from all sections of the society.

Please be with us in this noble pursuit...

*Programs will be reported as and when they are conducted.*

### 23.06.2023: **Don't Do Drugs**

As a part of the 'Don't Do Drugs' campaign, IMA Thalassery conducted Awareness programme at Sanjos Metropolitan School, Thalassery. Principal Sister Saleena welcomed the gathering.

Dr. Jayakrishnan Nambiar (President IMA Thalassery), Dr. Sajeew Kumar (Consultant Psychiatrist) and Dr. Dhanya Chandran (President IAP Thalassery) took awareness classes on Drug Abuse. 650 students attended the programme. Father Joseph proposed vote of thanks.







### 26.06.2023 : International Day against Drug Abuse and Illicit Trafficking

As a part of the 'Don't Do Drugs' campaign , IMA Thalassery conducted Awareness programme at Nursing College,Thalassery.Mrs.Swapna Jose(Principal, College of Nursing Thalassery) welcomed the gathering. Dr. Jayakrishnan Nambiar (President IMA Thalassery) inaugurated the programme. Dr.Jayakrishnan Nambiar and Dr.Sajeev Kumar (Consultant Psychiatrist) took awareness classes on Drug Abuse. Mr.Velayudhan felicitated the function.300 Nursing students attended the programme. Mr.Mohanan (Administrative Officer,Nursing College, Thalassery) proposed vote of thanks.





## **MISSION PINK HEALTH**

All the Mission Pink Health activities are going on and has been reported to the Mission Pink Health Chairperson.

## **Mutual Benefit Scheme**

A scheme for members conducted every year, through which members as well as the association is benefited. 23 members of our branch have joined.



## PUBLIC FUNCTIONS & SOCIAL INVOLVEMENT

03.06.2023: IMA President Dr Jayakrishnan Nambiar attended Malabar Cancer Centre staff association meeting as an invited guest and felicitated the gathering at Kodyiyer Cooperative Bank Auditorium.



03.06.2023: Dr.Jayakrishnan Nambiar (President IMA Thalassery) and Dr.Rajeev Nambiar (Past President IMA) observed one day Hunger Strike and delivered speech at Thalassery Old bus stand in connection with the granting of Stop for major trains at Thalassery Station, New Bus Stand Railway station connection road and development of Thalassery Rail way station.





## 24.06.2023: Dharmadam Lions Club Installation Ceremony 2023-24

Dr.Jayakrishnan Nambiar (President IMA Thalassery) attended installation ceremony of New Office Bearers of Lions Club Dharmadam.



24-06-2023: The installation ceremony of new office bearers of NNF Thalassery was on 24-06-23 @Gokulam Fort. Felicitation given by Dr.Jayakrishnan Nambiar, President IMA Thalassery, Dr.Nadeem Abooty, Secretary IMA Thalassery. Various IMA and IAP leaders attended the meeting

This was followed by an informative talk on Oxygen delivery devices & respiratory support in sick children by Dr.Sharath Babu M V, consultant paediatrician & intensivist at Sreechand Hospital, Kannur.



